



ASPERGER DOWNLOAD

A Guide to Help Teenage Males with Asperger Syndrome Trouble-Shoot Life's Challenges

By Josie and Damian Santomauro

A son & mum writing team has the answers for young men on the spectrum

Teens and their parents simultaneously share the teenage years. In this resource, Damian Santomauro and his mother, Josie, share their dual experiences by defining major terms that teenage males encounter during their journey into manhood. Damian was diagnosed with Asperger Syndrome at the age of five. Now he's in college and ready to share his experiences with teens who are experiencing what he lived through.

Asperger Download is a helpful resource for adolescents and young adults ages 11 – 17, that takes defining topics to the next level. First Damian defines the topic in a voice that other AS teens can relate to. Then Josie describes the term or concept from a parent's point of view.

Asperger Download is particularly relevant and authentic, because Damian has used his personal experiences to create his own reflections on each and every one of the definitions in the book. It is proof that with a little understanding and preparation, navigating through the teenage years can be a smoother ride.

"I highly recommend Asperger Download to anyone who cares for or works with a teenager with Asperger Syndrome, as well as to teenagers themselves. The book uniquely provides the dual perspectives of a teenager with Asperger Syndrome and his mother. Josie and Damian have successfully navigated many of the challenges of AS, while celebrating its innumerable gifts. They discuss with great wisdom and knowledge a wealth of important and highly relevant topics, giving insight and strategies to help cope with the teenage years and beyond."

- Dr. Michelle S. Garnett, director, Minds and Hearts - a clinic for Asperger Syndrome and autism

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ASPERGER DOWNLOAD	\$40 (Inc P&H)		
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