

## Jessica Kingsley Publishers

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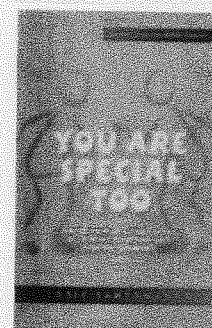
### **You are Special Too: A Book for Brothers and Sisters of Children Diagnosed with Asperger Syndrome (Asperger Syndrome After the Diagnosis) ISBN:**

9781843106562

Santomauro, Josie and Marino, Carla

Published by Jessica Kingsley Publishers, 2009

This companion booklet to 'A Special Book About Me', is intended for siblings of children recently diagnosed with Asperger Syndrome, and as such, will be extremely useful for families. Much of the content is very similar to the first book, but after explaining AS in quite specific terms, it goes on to explain how one can help one's brother or sister and admits that mixed feelings are inevitable, and that while one loves the AS sibling, one can also feel quite negative about him or her too. There are coping suggestions such as talking with a family member about feelings, keeping a diary, finding positive things to do that make one happy. There is even a certificate to fill in to prove that the reader is special too! This is an unusual and most useful approach to the problem of finding oneself with an AS sibling, and the black and white illustrations add to the emotional reading of the text. Available from Amazon or from the publisher at [www.jkp.com](http://www.jkp.com).



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Age: 8+

Categories:

Health problems and disabilities -> Learning disability -> Asperger's syndrome  
Family relationships -> Siblings